



ACTIVITY JOURNALS FOR YOUNG TEENS

Thanks for downloading this coloring page!

How to Use

1) Inside the folder

- You'll find two PDF files and a png file

2) Use the PDFs for printing out on paper (includes US Letter & A4 size)

- Open the PDF file for your chosen paper size using Acrobat Reader (Download for free at: www.get.adobe.com/reader)
- Click File > Print from the top left menu to send it to your printer

3) Use the png file for digital coloring in programs like Procreate on your iPad

- Import the png into Procreate (or other digital app) – It has a transparent background. Lock the layer and create new layers underneath for you to color.

Terms of Use

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It's not cool to:

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However please feel free to post and share your colored page on Instagram and tag me @liza_lluma as I'd love to see your creation!

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